

Absolute Reiki Professional Courses

Integrated Second Degree Practitioner Course

The materials provide all that you need, to get through the course work together with regular contact from me to assist you in anyway necessary.

- Six Hours of Pre Course Study
- Workshop - One day practical training
- One Comprehensive Manual - 193 Pages
- Two Audio CD's - Commentary & Guided Meditations
- Free Ongoing Support - Phone and Email
- Join the Reiki Evolution Internet Support Group
- Newsletter - Keeping you up to date at all times

Reiki Second Degree' consists of a comprehensive manual, Audio CD and a single-day intensive course, and provides a complete training in the advanced Reiki technique. You will look at the study pack in the week before the course, and that will give you a good grounding in the use of the Reiki symbols. The study pack consists of the Okuden manual and a specially produced audio CD written by Taggart King, the pre course study will include sections that deal with the following:

Reiki symbols and how to draw them
Detailed information about each symbol and their uses
How to use the symbols when giving Reiki treatments
How to carry out Distant Healing
Pronunciation guide to the symbols' names

We will go over this information briefly on the day of the course, but most of the day will concentrate on practice rather than theory.

What is so important about Second Degree?

Reiki 'Second Degree' provides you with ways of deepening and intensifying your experience of Reiki and allows you to move your Reiki on to a new level. There is so much more to Reiki than you can experience at First Degree! You are missing a wonderful experience if you decide not to complete part two of the course, and that is why most people nowadays do both parts of their training. Second Degree isn't just for those who wish to work professionally it can also enhance your own personal development with Reiki.

Strengthen your connection to Reiki

'Second Degree' brings the student up to 'practitioner' level, and the three Japanese empowerments that I give students enable you to 'hold' and channel more energy than was possible at First Degree. The empowerments also provide a stronger connection to aspects of the energy that are represented by the Reiki symbols. You will learn how to use the three Reiki symbols and mantras, which can be used as a basis for self-treatment, and which helps to make your treatments stronger and more effective, as well as teaching some other simple and inspiring approaches from Japan.

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Symbols, symbols, symbols...

The day will start by reviewing what has happened to the students since their First Degree course, which would have been taken a month or two before: what have they noticed when they have been treating people, what feedback have they had from those they have been working on, and what changes have they noticed within themselves? To introduce the symbols, we go over the information that students read in the study pack and deal with any questions you might have. A explanation on the symbols and the different ways they can be used is given. The morning is then split into three sessions, each one preceded by an empowerment. Students are introduced to each energy/state in turn and guided through a variety of exercises that help you to get to grips with, and fully experience, the characteristic qualities of each energy. Students partner up and will start using the symbols on each other, to feel their effects, and I will explain the different ways that the symbols can be used to treat others. The final part of the morning is spent by talking about distant healing, and then practicing sending Reiki at a distance. Students also learn how to use the distant healing concept or energy state to generate a state of oneness, encouraging students to be more present in the moment.

Please note that I teach the symbols to be used in the way that Usui Sensei taught his students to work with the energies. Often in the west people are given the symbols and told how to use them for treatments but are rarely taught how to use them for themselves. The course provides a simple approach that reflects the original way of working with different energy states for your own development and also to give students the opportunity to really become familiar with the different energy states and there characteristics.

The Intuitive Approach

As you know, the courses blend the Western presentation of Reiki with approaches from its original form. The afternoon session focuses on learning and practicing a technique called 'Reiji Ho', which allows students to open up to the energy and their intuition, so that it guides your hands to the right places to treat. So instead of using 'standard' hand positions, you move beyond that to gear your treatment towards the recipient's individual energy needs. You will learn to send Reiki in a focused intense way, you will find out how to beam and radiate Reiki, and how to send Reiki using your eyes or breath.

The Audio CD's

The Second Degree course is accompanied by two audio CD's one that contains commentary from Taggart King focusing on the main points of the course and the second provides all the guided meditations from your First Degree course plus two more for your Second Degree course, this CD has been produced by myself and contains a recording of the precepts in Japanese for you to meditate on if you wish to. You won't forget what you were told on the course because you can hear it all again at home! The guided meditations take you through a Distant Healing session and some special symbol meditations. So instead of fumbling around trying to read the instructions in your manual while trying to keep in the flow of it, you can simply flip on the CD, close your eyes, and follow the instructions. Your meditation will flow all the more easily because of this, and you'll learn how to do it without having to try too hard!

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The Course Manual

Each course is accompanied by a comprehensive manual, which covers everything I teach on the day, and more besides. There is no need to take notes. On the course you can relax, safe in the knowledge that everything we do is there in the manual for you to take home with you. The manual is written by my Reiki teacher Taggart King who kindly allows me to reproduce the manual for my students.

Course Fees & The Certificate

All courses are accompanied by a certificate, in this case confirming that you have received training and have been initiated into Reiki 'Second Degree'. The fee for the Integrated Reiki Practitioner Course 'Second Degree' is £180 and non-refundable deposit is required to secure a place on the course.

Reiki Course Dates for 2014

20th September 2014 in London

15th November 2014 in Loughton

[Click here to visit the website and book your course.](#)